



**"If You Relocate to South Florida, Call Your Family  
And Then Call Family & Friends Connection, Inc."**

**Family & Friends Connection, Inc. (FFC)**

**7161 Pembroke Road, Suite 1  
Pembroke Pines, Florida 33023**

**FOR IMMEDIATE RELEASE**

**[Free Life Empowerment Conference for the Entire Community](#)**

**Individual Life Empowerment and Community Empowerment is the responsibility of everyone. Family & Friends Connection, Inc Offers A Free Life Empowerment Conference to Help The Public Improve Their State of Affairs.**

**Kate Johnson, LMHC, of Living in Freedom & Empowerment, (LiFE), will coordinate the conference. Several community professionals have agreed to donate their time and resources to be presenters at the conference: Immigration Attorney Paula D'Aguilar, will talk about immigration matters and how it is affecting immigrants and other community members. She will also give helpful information to the immigrants experiencing domestic violence and abuse and cannot afford legal advice during these tough times.**

**Carlene Whyte-Mcnee, ARNP, will present the medical segment, Joma McLeod, Credit Analyst/Repair Specialist, will educate the attendees on strategies to rehabilitate their credit or protect their credit, Virginia Hines of Brinnikas Resources, will be the Community Resources Presenter, Yve Dargensen, from the South Florida Area Director's Office of Social Security, will address the attendees about Social Security and present some not so know information that can help members of the community. Of course, we will have our Spiritual Leaders present and our local radio personalities, among others.**

**Entertainment will be provided by FFC's local recording gospel stars, and The Awesome [Salt Changers](#) Anointed Praise Dancers. Refreshment will be on sale, so you won't be hungry if you come to the conference straight from work.**

Unemployment, underemployment, Foreclosures, Depression, Drug abuse, Domestic Violence and Abuse, Child Abuse, Loss of Hope and the will to find Self Actualization are crippling our people and the stagnation of our communities. FFC intends to make a Difference with this conference. They are in the business of Individual and Community Empowerment. This upcoming Life Empowerment Conference is their way of giving back and showing everyone that there is a light at the end of the tunnel.

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**<http://www.famfc.org>**

**Donneth Wedderburn, FFC President/Founder/Dedicated Community Leader and Philanthropist: 954-319-7066**

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Child abuse, domestic violence & abuse, depression, suicides, homelessness, alcoholism, anxiety, all of these social problems increase during hard economic times. Being unemployed, facing foreclosures, and having fear for the future, put tremendous stress on families.

FFC understands that unfortunately, those stresses are manifested in ways that are counter productive to individual or community growth. The family stagnates and sometimes disintegrates during these stressful times. Family & Friends Connection, Inc is making a difference.

Family & Friends Connection, Inc believes that it is the responsibility of all people to participate in programs, conferences, workshops, seminars, outreach events, whatever it takes, to bring about Life Empowerment in their communities. There are things that we can all do to help. FFC wants the entire community to learn about them, so to that end, FFC provides free information to the community through outreach events such as the Life Empowerment Conference. That is why everyone is invited, to attend the Free Life

Empowerment Conference. FFC wants to empower you.

**Conference Venue: Florida Bible Church/School,  
9300 Pembroke Road,  
Miramar, Florida 33025**

**Date & Time: Friday & Saturday, February 25 & 26, 2011 – 6pm – 10pm,  
Registration begins at 5pm each evening.**

FFC has a website with resources for the entire family. Prevention of community erosion is important. The website will help the public identify different Community Partners/agencies that offer support and information. FFC wants to begin engaging everyone and keep the community focused on rebuilding and growth, before further damage is done. FFC is aware of it's positive impact that is already helping community members to find gainful employment, retrain for the workforce, overcome domestic violence and abuse, continue their formal education, become active community participants, build self esteem through group acceptance and stay motivated through spiritual guidance.

**The most common signs of community deterioration are:**

- 1. Depression in people and neighborhood infrastructure**
- 2. Deterioration in community infrastructure**
- 3. Homelessness**
- 4. Unemployment**
- 5. Increased drug abuse & alcoholism**
- 6. Increase incidences of domestic violence & abuse**
- 7. Hopelessness and increased incidences of suicide**

**The Life Empowerment tactics everyone should take:**

- 1. Praying more than usual**
- 2. Education or re-education**
- 3. Lifestyle changes**
- 4. Showing caring and concern for others**
- 5. More Community Involvement**
- 6. Sharing our resources to help each other**

*"Our communities are facing some serious societal issues that all of us need to address. We can do that by supporting organizations like Family & Friends Connection, Inc that work on behalf of the entire community. We can help by becoming proactive to ensure steps are taken to empower rather than to hinder. Look around you, things are changing. We have to make sure that they do no change so much, that we cannot recognize our communities anymore.*

*Our brother and sister's pain should be our pain. Let us get empowered to help ourselves become better, and help lift others up also."* **Debbie Brown, FFC PR Officer/Web Designer, Nurse- Miami VA.**

These are tough times. Help make them easier for individuals and families at risk; Come to the Life Empowerment Conference to get the information to help get you to the next level. Support Family & Friends Connection while we [Work, Play & Live as One](#). Community Empowerment is everyone's job.

### **About Family & Friends Connection, Inc (FFC):**

*Family & Friends Connection, Inc, (FFC) a registered 501(c)3 not for profit organization, founded in 2006 by President Donneth Wedderburn, seeks to protect and empower individuals and families in South Florida and beyond. FFC concentrates on the needs of individuals and families especially immigrant families who are not aware of services available to help them when they relocate/transition to the USA.*

*FFC does this by it's Mission: to improve the lives of the families who live in the various communities, by providing and or directing them to various social, educational, spiritual, and workforce empowerment services, that helps to enhance their lives. FFC carries out this mission through community services research, community outreach services provision, education empowerment, and advocacy programs. FFC points to essential services, guides individuals to make realistic, beneficial individual and family choices, and directs via example in community outreach advocacy, via the organization's weekly meetings, website and 'Community Network Solutions Radio Program Broadcast.'*

*FFC is an equal opportunity organization and does **not** discriminate on the basis of race, religion, gender, age, ethnicity or national origin. As FFC provides and advocates for critical services that strengthen our community, FFC strongly believes that in order to be successful we must [Work, Play & Live as One](#):*

**"A Family That Prays, Plays,  
And Plans Together, Stays Together."**

**The President/Founder Donneth Wedderburn & PR Officer Debbie Brown of Family & Friends Connection, Inc, are available for interviews about Family & Friends Connection, Inc Community initiatives to empower lives.**

**Contact: Debbie Brown: PR Officer/Media Liaison: Tel: 954-815-6563  
OR Donneth Wedderburn: President/Founder: Tel: 954-319-7066**

You can also send an e-mail to: [famfc2@gmail.com](mailto:famfc2@gmail.com)

Website: <http://www.famfc.org>

[Check out FFC on Face book](#)

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