



"We Connect Families In Need, To Friends With Resources."

## Family & Friends Connection, Inc.

Presents

**The Second Annual**

**Life Empowerment Conference**

Where: Florida Bible Multipurpose Hall  
9300 Pembroke Rd. Miramar, FL 33025

Coordinated by The Management & Staff of FFC  
& The FFC Team of Volunteers

**Friday, March 30, 2012: 6pm -10pm**

**Saturday, March 31, 2012: 9am-2pm**

**Web: [www.famfc.org](http://www.famfc.org)**

**Tel: 954-319-7066**

**Email: [famfc2@gmail.com](mailto:famfc2@gmail.com)**



**FRIDAY, MARCH 30, 2012: 6PM-10PM**

Prayer.....Rev. Dr. Carreen Clarke, YRIMI

Opening Remarks & Welcome:...President Donneth Wedderburn

Introductions....PRO Debbie Thomas-Brown

Domestic Violence Awareness:... Natalie Quintero: Manager of Professional and Community Education, Women In Distress of Broward County, FL. 954-761-1133

Your Credit Matters...Joma McLeod, Credit Repair Specialist/Analyst ~ The Credit Group Inc. 954-318-2935

Health Awareness...Carlene Whyte-McNee, ARNP

Dance Ministry: YRIMI Praise Dancers

Psychotherapist, Francine Walker, LMHC:...CEO The Proverbs Institute, author of 'How To Be Happy' 786-486-1825

Love Offering Collection.....FFC Treasurer ~ Elaine Thomas

Leadership Coaching:...Attorney, Eugene Fitz-Ritson  
[leadershipthrupm.com](http://leadershipthrupm.com)

The Upbeat Dad ~ Family Matters: Rodrick Walters  
[www.theupbeatdad.com](http://www.theupbeatdad.com)

Immigration Matters: Attorney Paula D'Aguiar  
954-583-3805

The Spiritual Word: Pastor Antoinette Rhoden Word Of Faith Healing Ministry.

Closing ~ Thanks.....President Donneth Wedderburn & PRO Debbie Thomas-Brown

*Commit to the LORD whatever you do, and your plans will  
succeed." Proverbs 16:3*

**SATURDAY, MARCH 31, 2012:9AM -12PM**

Opening & Welcome.....Marcia Barriffe

Introduction & Theme ...Carlene Whyte-McNee

Theme: "Bullying And How To Overcome These Obstacles"

Exercise To Be Done By All:  
Follow Instructions. Repeat After Me. Repeat 1 Through 10.

Musical Performance .....

Motivational Speaker .....Alvin Day

Break Out Session/ Group Activity

Music & Lunch

True Life Reality Talk .....Todd Randal

Round Table Talk....Francine Walker, LMHC

Musical Selection By T. Sirgee

END - Thanks...Carlene Whyte-McNee, ARNP

**FAMILY & FRIENDS CONNECTION, INC (FFC)**

[www.famfc.org](http://www.famfc.org)



**SOME THOUGHTS TO INSPIRE YOU:**

"Embrace the thought that you are the single greatest force determining your future. No; you cannot control the happenstance and eventualities of life; and unexplained, unwelcome things do happen.

However, you are the one determining their effects on you. You generate the thoughts, desires, actions, events and results, all of which stitch together to shape your future reality. You came to this conference to learn how to empower yourself and others. Leave with the right mindset."

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"Commit to the LORD whatever you do, and your plans will succeed." Proverbs 16:3

**Women In Distress Broward County Crisis Hotline:**

**954-761-1133**

**Florida Domestic Violence Hotline:**

**1-800-500-1133**

**National Domestic Violence Hotline:**

**1-800-799-7233**

**Miami-Dade County Crisis Hotline**

**305-758-2546**

**Stalking Awareness ~<http://ncvc.org>**

**Stalking Help Line ~ 866.689-HELP (4357)**



**WOMEN IN DISTRESS<sup>SM</sup>  
OF BROWARD COUNTY, INC.**

**ESTABLISHING S•A•F•E<sup>SM</sup>  
STOP ABUSE FOR EVERYONE<sup>SM</sup>**



**Straight Spouse Awareness:**

**No Spouse Left Behind**

**Support Hotline:**

**954-983-9751**

**Know your  
HIV status?**

Text: Your Zip Code  
To: KnowIt or 566948  
To find HIV Test Centers near you.

**[www.hivtest.org](http://www.hivtest.org)**